

# Medical Identity Theft

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What to know, What to do



FEDERAL TRADE COMMISSION

**IdentityTheft.gov**

Is someone using your personal or financial information to get medical care, health insurance coverage or prescriptions? That's **medical identity theft**.

It's important to correct your medical records because **medical identity theft** can not only lead to financial troubles but also to denial of medical services or improper treatment.

## Visit [IdentityTheft.gov](https://IdentityTheft.gov) to report identity theft and get a personal recovery plan.

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The site gives you detailed advice to help you fix problems caused by medical identity theft, along with the ability to:

- get a **personal recovery plan** that walks you through each step
- update your **plan** and **track** your progress
- print **pre-filled letters** and **forms** to send to credit bureaus, businesses, and debt collectors

Go to **IdentityTheft.gov** and click “**Get Started**”.

There's detailed advice for **medical identity theft** – plus more than thirty other types of identity theft. The advice is tailored to your situation. The next page tells you what to do right away. You'll find these steps – and a whole lot more – at **IdentityTheft.gov**.

# What To Do Right Away

## Step 1: Contact your health insurer.

- ☐ Get your Explanation of Benefits (EOB) statements from your health insurer.
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- ☐ If there are any errors in your EOB, notify your health insurer's fraud department.

## Step 2: Review your medical records.

- ☐ Contact each doctor, clinic, hospital, pharmacy, or laboratory where the thief used your information. Ask for copies of your medical records.
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- ☐ Report any errors to your health care provider, as well as to any providers who gave medical care to the thief. Ask them to correct any mistakes. Include a copy of the medical record showing the mistakes.

Did a provider refuse to give copies of your records? If you don't get your records (or an explanation why your provider can't give them to you) within 30 days of a written request, you can complain to the U.S. Department of Health and Human Services Office for Civil Rights at **[hhs.gov/ocr](https://hhs.gov/ocr)**.

## Step 3: Report identity theft to the FTC.

- ☐ Go to **[IdentityTheft.gov](https://IdentityTheft.gov)** or call 1-877-438-4338. Include as many details as possible.

## Go to [IdentityTheft.gov](https://IdentityTheft.gov) for next steps.

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Your next step might be getting your credit report to check for other signs of identity theft.

**IdentityTheft.gov** can help – no matter what your specific identity theft situation is.



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**IdentityTheft.gov**

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